

ORGANIZATION IDENTITY (SELF-UNDERSTANDING)

Road2RecoveryCNY is a non-profit volunteer organization committed to helping persons of central New York suffering from opioid addiction by providing financial assistance for long-term treatment to those in fiscal need.

OUR MOTTO: SAVING LIVES, ONE AT A TIME

R2RCNY embraces its mission based upon the following points of understanding:

- that opioid addiction is a disease from which persons and their families undergo unthinkable suffering;
- that opioid addiction treatment must be long-term and abstinence-based;
- that a “twelve-step” recovery program (See our [web page](#).) is critical to any abstinence-based treatment protocol;
- that treatment must afford addicts the chance to achieve a meaningful disengagement from the social and cultural settings in which they became victimized to their drug;
- that persons suffering from opioid addiction **can** be empowered to live lives that are full, prosperous, loving, and joyous, but that this is a life-long commitment that is never free from the danger of relapse and, hence, the need to reset their recovery.

(The “twelve-step” rehab programs that we use (mostly in the Austin, Texas area) have been carefully vetted for professionalism and success rate.)

R2RCNY recognizes that long term addiction treatment far outstrips all insurance coverage and, often, the capacity of individuals to pay out of pocket. The financial burden of long-term addiction treatment compounds, many-fold, a person’s desperation for help.

R2RCNY recognizes the very real need to provide ongoing support, education, and encouragement to family members struggling to meet, understand, and support loved one’s who have become victims of this scourge.

R2RCNY means to thwart the stigma surrounding addiction and its treatment—wherever and whenever it appears.

R2RCNY is an All-Volunteer Staff organization in which all funding goes directly into underwriting treatment expenses.

AWARD AGREEMENT

The “12 steps of recovery” are an integral part of the experience of healing, teaching skills that are needed for maintaining sobriety after treatment. Our goal is not only to embody within our organization the values embedded within the twelve steps but to instill these values in the lives of those we touch. The *12th Step* is to carry the message to others and “pay it forward”. We think it is important for our alumni and their families to dedicate themselves to this ideal. It is in this spirit of “paying it forward” that we offer this agreement. The agreement that lays out not only what R2RCNY plans to do for you and your family but what our organization hopes to see from you and your family. In every sense of “agreement,” this bonding between us means to work in both directions—with both parties doing their part to “pay it forward” into the future.

For an applicant to be considered, they must:

1. Meet our criteria:

- ✓ A resident of Central New York (Cayuga, Cortland, Herkimer, Madison, Oneida, Onondaga, Oswego and Tompkins County)
- ✓ Have an established opiate addiction
- ✓ Ready to make significant changes in h/her life and comply with the recommendations of the treatment facility
- ✓ Absence of medical or mental illness that requires specialized care
- ✓ No legal issues that prohibit leaving the state of New York
- ✓ Willingness to leave the state to enter a recovery program and to stay in that area for a minimum of one year
- ✓ Established financial need (no or partial insurance coverage that financially prevents long-term recovery care) as assessed either personally or in conversation with the applicant’s addiction specialist

2. Complete a local detox program and enter some type of treatment program or individual counseling

3. Complete an assessment with one of our addiction specialists

4. Complete an interview with one of our alumni

5. Agree to make donations to R2RCNY after completing treatment to help fund the next person’s treatment.

Once steps 1-4 have been completed, the Candidate Selection Board will vote on whether or not to fund the applicant. If they vote against funding, their Navigator will assist the applicant in finding needed services in the CNY area. If the board votes to fund the applicant, we will provide the following*:

--One-way airfare

--Round trip airfare for a companion if needed

- 90 days of inpatient rehab
- prescription medications during rehab not to exceed \$300
- 90 days of sober living (meals and transportation not included)

(*in cases where applicants or their families who can help with these costs this commitment is both expected, and much appreciated.)

At the end of the first six months, the alumni will be required to arrange for their own housing. Since most begin working within a week of entering sober living, they are usually financially able to support themselves at that point. There are many sober living options in the Austin area from which to choose. They are required to remain living in the Austin, Texas area for an additional 6 months in order to solidify their sobriety and reduce the risk of relapse that often comes with returning home.

Family Participation:

We feel strongly that in order for the person with addiction to fully recover, h/her family must also work on their own recovery. Our experience has shown that families who do this are much more likely to see progress in the person with addiction. Therefore, we have begun asking the following from family members:

1. Attend our free quarterly Family Recovery Programs during the first year of recovery. These events are posted on our Facebook page and provide many tools and resources to help families get their lives back.
2. Attend a Nar-Anon, Al-Anon, or individual therapy session.
3. Volunteer for R2RCNY: such might include attending monthly volunteer meetings, staffing an information table, helping organize and run fundraisers, or other duties as needed.
4. Make a regular financial donation commensurate with their income to help fund the next person’s treatment.

applicant

date

applicant’s family member

date

applicant’s family member

date